

Chicken, Zucchini and Bacon Bake

Ingredients

4 Chicken Breasts

1 tbsp Mayo

1/2 tsp Onion Powder

Salt and Pepper to taste

2-3 Zucchini

6 Slices Bacon

3 Cups Spinach

1/2 Cup of Parmesan Cheese

1/2 Cup Italian Blend Cheese

Instructions

First Clean Chicken and Rub with Mayo and Onion Powder, Salt and Pepper, let stand for few mins

Slice Bacon and Cook until Crisp, (not burned)

Slice Zucchini and lay on top of the Chicken Breast

Sprinkle Bacon over Chicken

Bake 375 for 20-30 mins, internal temp should be at least 145

Top with Cheeses and Bake 10mins

Saute Spinach and place on plate, lay Chicken ontop of Spinach, sprinkle with Chopped Parsley to serve.